

The 3 Principles

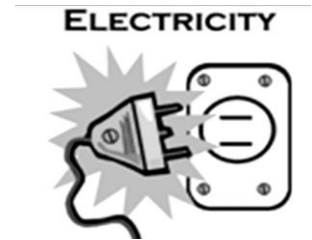
Instructions: Use this worksheet as a reference and to take notes. When directed, create your own analogy of Mind, Thought and Consciousness, in the spaces provided below.

Mind:

- The source behind all things in life.
- The formless energy behind life.
- _____

Through Mind we have access to:

- Innate Wisdom
- Our SPARK Inside
- _____



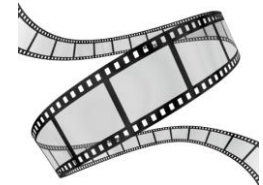
Power Source

Thought:

- How we experience life moment to moment.
- The power to evaluate, imagine and remember.
- _____

Thinking:

- Created by assigning meaning to our thoughts
- Memories/Experiences
- _____



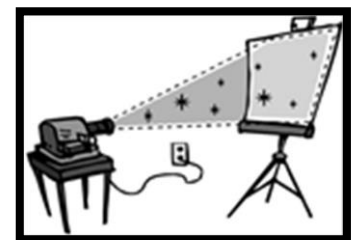
FILM

Consciousness:

- Our awareness of life around us.
- _____

Personal Consciousness:

- Our awareness of our state of mind.
- Our ability to be aware of our thinking.
- Our ability to experience our circumstances.
- _____



PROJECTOR