## The Benefit of the S.P.A.R.K. Teen Mentoring Program

The delivery of The S.P.A.R.K. Teen Mentoring Program curriculum really lends itself well to enabling the students to be able to recognize the benefit of the three universal principles: *Mind, Thought and Consciousness.* 

Since meeting Helen Ali and witnessing the sincere deliverance of the program that she so passionately shares with my 9<sup>th</sup> & 10<sup>th</sup> grade Urban Teaching Academy Majors, I can attest to the process working from within the mindset of my students.

I have the pleasure of working with my students in the UTA Program for four consecutive years, during their high school studies. During the past three years, I've been able to witness growth and maturity utilized among my students based upon the training that they were fortunate to receive via the S.P.A.R.K. Program.

One student in particular had a "zero-tolerance attitude" and would be readily available to jump at other students when things didn't seem to go her way, but now I see her utilizing self-control which has made life much better for her academically and socially. When the students gain an understanding of that SPARK inside of them and learn how to utilize effectively, it seems to create a whole new student.

In the S.P.A.R.K. Program, the students have been taught to listen to that SPARK inside before responding or acting out on situations. This is such an inspiring approach for many of them toward problem solving. It also provides the students with the mindset to analyze situations in their future urban classroom environment as a future educator. I look forward to the weekly visitations and presentations presented by Helen Ali. I hope that all recipients are as grateful as I am for this program.

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