

S.P.A.R.K.

Product Guide Overview

Each program is designed with interactive, age appropriate lessons to help participants gain a better understanding of themselves and others, develop vital social and emotional skills, access their creative intelligence and uncover their potential.

Core Curriculum Topics

*The Power of the Mind *Understanding Thought *Understanding Emotions *Effective Communication *Self-Confidence *Creative Potential
*Goal Setting *Decision Making *Diversity

Core Curriculum Options

S.P.A.R.K. Child Mentoring Curriculum

Designed for students, ages 6-10 years old, the Child Curriculum includes 11 core lessons and 1 Topic-Specific Module on Leadership.

S.P.A.R.K. Pre-Teen Mentoring Curriculum

Designed for students, ages 10-13 years old, the Pre-Teen Curriculum includes 12 core lessons and 3 Topic-Specific Modules: Healthy Relationships, Life Skills and Leadership.

S.P.A.R.K. Teen Mentoring Curriculum

Designed for students, ages 13-22 years old, the Teen Curriculum includes 13 Core Curriculum lessons and 3 Topic-Specific Modules: Healthy Relationships, Life Skills and Leadership.

Topic-Specific Modules

Guided by National Standards, each module includes 1-6, age appropriate, topic-specific lessons designed to supplement the core curriculum based on the specific needs of the participants.

Available Modules

- **Healthy Relationships**
- **Leadership**
- **Life Skills**
- **Expectations**
- **Social Pressures**
- **Sex Education and Teen Pregnancy Prevention**
- **Teen Parenting**

Select modules come included in the Core Curriculum. Additional modules are sold separately.

Implementation Training:

With options of On-site or Virtual, this comprehensive training begins with laying the foundation of the curriculum and ends by providing educators with all the tools and content needed to implement the S.P.A.R.K. program successfully.

Implementation Training Includes:

- Understanding the S.P.A.R.K. program:
The foundation and background of the curriculum
- S.P.A.R.K. Curriculum Implementation and Flexible Adaptations
- Live examples of the curriculum
- Continued implementation support through-out the year.



The S.P.A.R.K. Mentoring Programs are proven to be effective in helping youth create greater academic success, a healthier state of mind, and a deeper connection with peers, adults, schools and communities. Designed for children, pre-teens and teens, each of the S.P.A.R.K. programs are age appropriate and taught through a compilation of 13 – 22 highly, interactive lessons that Speak to the **Potential, Ability** and **Resilience** inside every Kid.

Each lesson covers relatable topics that help children & adolescents navigate the trials and celebrate the accomplishments of their school years. Through this program, participants will gain a better understanding of themselves and others, develop vital social and emotional skills, access their creative intelligence and cultivate their personal potential.

PROGRAM OBJECTIVES & RESULTS

The S.P.A.R.K. Mentoring curricula uses age appropriate content and activities that have been proven to effectively reduce risk around high-school drop-out, drug use, bullying, suicide, depression and anxiety, while building resiliency around academic success, social-emotional skills and healthy relationships. These programs prepare students for the self-sufficiency and resiliency needed to become successful young adults.

Evidence-Based Results

- 🌟 Resiliency - **66%** showed a positive increase in their level of resilience.
- 🌟 Emotional Regulation– **72%** *showed less difficulty in their ability to regulate their emotions and an increase in their Impulse control*
- 🌟 Communication, Decision Making and Problem-Solving Skills – **67%** *increase in decision making and problem-solving skills.*
- 🌟 Connectedness and Conflict Resolution Skills – **66%** *more reported that they have more understanding, feel more connected and have more tolerance of themselves and others.*
- 🌟 Connectedness to Family, School and Community – **66%** *increase in reports that a strong relationship with a parent, guardian or other positive, adult role model is important., 66% reported an increase in valuing their community and community service.*

CURRICULUM COMPONENTS:

- 🌟 Access to our Dynamic, Online Curriculum Platform
- 🌟 Easy-to-Use, Comprehensive, Facilitator’s Guide, designed specifically with busy teachers in mind.
- 🌟 Participant Companion Workbook for individual student use throughout curriculum instruction
- 🌟 Instructional Companion Videos and Digital Resources
- 🌟 Common Core Standard Correlations
- 🌟 Built-In Evaluation Tools

Please see the S.P.A.R.K. Product Guide for more information on each of our curricula, as well as details about our trainings.

www.sparkcurriculum.org

S.P.A.R.K. Child Product Guide

S.P.A.R.K. Child Mentoring Program Product Description:

Designed for students, ages 6-10 years old, this is an interactive, age appropriate curriculum that helps participants to uncover their true potential, gain a better understanding of themselves and others and develop vital social and emotional skills.

The complete *S.P.A.R.K. Child Mentoring Program* provides all the tools you need to cultivate these skills with little preparation!

Curriculum Package Includes:

- ✎ S.P.A.R.K. Child Mentoring Program, Core Curriculum - which includes 11 unique, dynamic lessons
- ✎ Leadership Module, which includes 2 additional lessons on community engagement and bullying
- ✎ 25 S.P.A.R.K. Child Mentoring Program, Core Curriculum Workbooks
- ✎ 50 Thought Chain Cards
- ✎ S.P.A.R.K. Backpack
- ✎ *Oh No! Where Did Freddy Go?* Story Book
- ✎ *Dylan and His Nervous Thoughts* Story Book
- ✎ S.P.A.R.K. Prize Pack

Plus

1-year license and membership to the S.P.A.R.K. Child Mentoring Program Online Platform which includes:

- ✎ Immediate Access to the Complete Child Curriculum (Fully Digital Resource)
- ✎ S.P.A.R.K. Child Mentoring Program, Core Curriculum Handbook for Teachers (Digital Download)
- ✎ S.P.A.R.K. Child Mentoring Program, Core Curriculum Workbooks (Digital Download)
- ✎ Curriculum Videos and Digital Resources (Digital Download)
- ✎ 15 Pre-recorded Implementation Training Videos
- ✎ Personalized Customer Support

Child Core Curriculum Lesson Topics:

1. We Are All Connected
2. Your Wild Experience of Life
3. Decision Making, A Chain Reaction
4. Understanding Your Feelings
5. Your Creative Potential
6. Discovering Your SPARK
7. Uncovering Your Confidence
8. Navigating Frustration and Stress
9. What You See Is Different Than Me
10. Unmasking Your Potential
11. Graduation

Leadership Module (Included):

- LM, 1: Giving Back to Your Community
- LM, 2: SPARK-ing Ideas Against Bullying

S.P.A.R.K. Pre-Teen Product Guide

S.P.A.R.K. Pre-Teen Mentoring Program Product Description:

Designed for students, ages 10-13 years old, this is an interactive, age appropriate curriculum that helps participants to uncover their true potential, gain a better understanding of themselves and others and develop vital social and emotional skills.

The complete *S.P.A.R.K. Pre-Teen Mentoring Program* provides all the tools you need to cultivate these skills with little preparation!

Curriculum Package Includes:

- 🌱 S.P.A.R.K. Pre-Teen Mentoring Program, Core Curriculum - which includes 12 unique, dynamic lessons
- 🌱 3 Supplemental Modules: Leadership, Relationships and Life Skills – 5 optional lessons
- 🌱 25 S.P.A.R.K. Pre-Teen Mentoring Program, Core Curriculum Workbooks
- 🌱 50 Thought Chain Cards
- 🌱 S.P.A.R.K. Beach Ball
- 🌱 2 S.P.A.R.K. Backpacks
- 🌱 *The Lost Video Game* Story Book
- 🌱 Curriculum Aids: sunglasses, tea lights, bags, blindfolds.
- 🌱 S.P.A.R.K. Prize Pack

Plus

1-year license and membership to the S.P.A.R.K. Pre-Teen Mentoring Program Online Platform which includes:

- 🌱 Immediate Access to the Complete Pre-Teen Curriculum (Fully Digital Resource)
- 🌱 S.P.A.R.K. Pre-Teen Mentoring Program, Core Curriculum Handbook for Teachers (Digital Download)
- 🌱 S.P.A.R.K. Pre-Teen Mentoring Program, Core Curriculum Workbooks (Digital Download)
- 🌱 Curriculum Videos and Digital Resources (Digital Download)
- 🌱 19 Pre-recorded Implementation Training Videos
- 🌱 Personalized Customer Support

Pre-Teen Core Curriculum Lesson Topics:

1. Connections and Goals
2. Your Experience, Unlocked
3. Decision Making, The SPARK Highway
4. Feeling the Rainbow
5. Finding Your SPARK
6. Growing Your Creativity and Potential
7. Self-Confidence
8. Dealing with Stress and Anxiety
9. Communication and Reactions
10. Appreciating the Diversity Among Us
11. The Future Is Yours
12. Graduation

Relationships Module (Included):

RM, 1: Navigating Relationships

Leadership Module (Included):

LM, 1: Understanding Your Community

LM, 2: Using Your SPARK To Be a Good Role Model

LM, 3: Bullying, Inside-Out

Life Skills Module (Included):

LSM, 1: Academic Stress to Academic Success

S.P.A.R.K. Teen Product Guide

S.P.A.R.K. Teen Mentoring Program Product Description:

Our Teen curriculum is designed for students, ages 13-22 years old and covers relatable topics that help youth navigate the trials and celebrate the accomplishments of their school years. Through this program, participants will gain a better understanding of themselves and others, develop vital social and emotional skills, access their creative intelligence and cultivate their personal potential.

The complete *S.P.A.R.K. Teen Mentoring Program* provides all the tools you need to cultivate these skills with little preparation!

Teen Curriculum Package Includes:

- 🌱 S.P.A.R.K. Teen Mentoring Program, Core Curriculum - which includes 13 unique, dynamic lessons
- 🌱 3 Supplemental Modules: Leadership, Relationships and Life Skills – 9 optional lessons
- 🌱 25 S.P.A.R.K. Teen Mentoring Program, Core Curriculum Workbooks
- 🌱 50 Thought Chain Cards
- 🌱 Stress Light Bulbs
- 🌱 S.P.A.R.K. Backpack
- 🌱 S.P.A.R.K. Prize Pack
- 🌱 Built-In Evaluation Tools

Plus:

1-year license and membership to the S.P.A.R.K. Teen Mentoring Program Online Platform that includes:

- 🌱 Immediate Access to the Complete Teen Curriculum (Fully Digital Resource)
- 🌱 S.P.A.R.K. Teen Mentoring Program, Core Curriculum Handbook for Teachers (Digital Download)
- 🌱 S.P.A.R.K. Teen Mentoring Program, Core Curriculum Workbooks (Digital Download)
- 🌱 Curriculum Videos and Digital Resources (Digital Download)
- 🌱 27 Pre-recorded Implementation Training Videos
- 🌱 Personalized Customer Support

Teen Core Curriculum Lesson Topics:

1. Overview & Introduction
2. You Experiencing you
3. Yep, That's Thought Too!
4. Your Personal Guide to Making Decision Making
5. Habits Pulling You Around
6. How State of Mind Influences Judgment & Reasoning
7. Surviving Mood Swings
8. Finding the SPARK in Your Stress
9. Feeling Fear & Insecurity Without Fear & Insecurity
10. The Inside-Out Nature of Self-Esteem
11. Separate Realities
12. Discovering You
13. Graduation

Relationships Module (Included):

- RM, 1: Cultivating Meaningful Relationships
- RM, 2: Dating & Healthy Relationships
- RM, 3: Your Values, Your Relationships, Your Decisions

Leadership Module (Included):

- LM, 1: Community Engagement
- LM, 2: Mentoring & Leading From the Inside-Out
- LM, 3: Bully Prevention From the Inside-Out

Life Skills Module (Included):

- LSM, 1: Academic Success
- LMS, 2: College and Career Readiness
- LMS, 3: Financial Stability

S.P.A.R.K. Modules Product Guide

Topic-Specific Modules Description:

Guided by National Standards, each module includes 1-6, age appropriate, topic-specific lessons designed to supplement the core curriculum based on the specific needs of the participants. Lesson topics vary by age group. Select modules come included in the Core Curriculum. Additional modules are sold separately.

Available Modules

Included in one or more of the core curricula:

Sold Separately

Healthy Relationships

- Peers and Friendships
- Parents, Teachers, and Other Adults
- Boundaries
- Domestic Violence Prevention
- Dating and Healthy Relationships

Leadership

- Mentoring
- Being a Good Role Model
- Community Involvement
- Bully Prevention

Life Skills

- Academic Success
- College and Career Readiness
- Financial Literacy

Expectations

- Understanding Your Own Expectations
- Understanding Other's Expectations
- Seeing Opportunities
- Uncovering Possibilities

Social Pressures

- Navigating Pressure
- Fitting-In and Standing-Out
- Social Media
- Body Image

Sex Education and Teen Pregnancy Prevention

- Love and Security
- Anatomy and Conception
- Tough Conversations
- STD's
- Condoms and Birth Control

Teen Parenting

- Adjusting to Parenthood
- Love and Understanding
- Parenting From the Heart

S.P.A.R.K. Modules Product Guide

Sex Education and Teen Pregnancy Prevention Module Product Description:

Our Sex Education and Teen Pregnancy Module is for students, ages 13-22 years old and designed to infuse into our S.P.A.R.K. Teen Mentoring Program as an additional component.

Guided by the National Standards on Healthy Relationships and Sex Education, The *S.P.A.R.K. Sex Education & Teen Pregnancy Infusion Program Package* provides the content and tools needed to educate teens on personal values and boundaries, anatomy and conception, effective communication, sexually transmitted diseases and infections and effective pregnancy prevention.

Sex Education and Teen Pregnancy Prevention Module Includes:

- 6 S.P.A.R.K. Sex Education & Teen Pregnancy Prevention Lessons
- Scope and Sequence Implementation Instructions
- S.P.A.R.K. Prize Pack

Plus:

- 1-year license and membership to the S.P.A.R.K. Online Platform
- Sex Education and Teen Pregnancy Prevention Lessons (Digital Download)
- Scope and Sequence Implementation Instructions (Digital Download)

Sex Education & Teen Pregnancy Prevention Lesson Topics & Objectives:

- Where does Security and Love Come From?
 - Define the meaning of Security and Love.
 - Identify the relationship between security, love and where those feelings come from.
 - Differentiate that feelings of love and security are separate from sex and relationships.
- Anatomy & Conception
 - Describe the male and female sexual and reproductive systems, including body parts and their functions.
 - Describe the Human Sexual Response Cycle, including the role hormones play.
 - Describe and understand the Process of Conception.
- Tough Conversations
 - List at least three topics related to sex that teens can find difficult to talk about.
 - Describe at least three strategies to initiate difficult conversations to adults.
 - Demonstrate effective ways to communicate personal boundaries related to intimacy and sexual behavior.
 - Demonstrate how to show respect to others as it relates to intimacy and sexual boundaries.
- Your Knowledge-Your Control
 - Identify and describe at least three common sexually transmitted diseases (STDs).
 - Identify and describe at least two ways to protect themselves from STDs.
 - Understand Rights to Sexual Health Care Services, Testing and Treatment.
- Protecting Yourself and Others
 - Describe and understand the 4 "W's" of condom use.
 - Understand the differences between latex, polyurethane, polyisoprene and animal skin condoms.
 - Describe the correct steps of condom use.
 - Display the ability to advocate for and discuss condom usage.
- ABC's: All About Birth Control
 - Describe at least three common methods of birth control.
 - Learn to use the Thought Chain to make safe decisions.
 - Understand Drugs, Alcohol and other reasons for unplanned sexual encounters.

* *The Sex Education and Teen Pregnancy Prevention Module* is **not** designed to be a stand-alone program and must be purchased along with the Teen Mentoring Curriculum to receive access to the Teen Mentoring Curriculum or digital resources.

Order Form



S.P.A.R.K. Pre-Teen Mentoring Program Curriculum Package – for Ages 10-13

Billing Information:

Company Name _____
 Contact Name _____
 Address _____
 Phone () _____
 Email _____

Shipping Information:

Company Name _____
 Contact Name _____
 Address _____
 Phone () _____
 Email _____

Payment Method: Note: Orders received in writing must be accompanied by purchase order number, money order or check

Purchase Order Number: _____ OR Check or Money Order
 (Payable to The Spark Initiative, Inc.)

Item #	Description	Price	QTY	Subtotal
PTC350	S.P.A.R.K. Pre-Teen Mentoring Program Curriculum Package: (Orders of 25 + packages include an on-site or virtual implementation training. *Trainers travel expenses not included)	495		
	✓ 1-year license and membership to the S.P.A.R.K. Pre-Teen Mentoring Program Online Platform that includes: Downloadable Curriculum and Workbooks, Digital Resources for Lessons, Implementation Training Videos and Online Support			
	✓ S.P.A.R.K. Pre-Teen Mentoring Program, Core Curriculum plus the Pre-Teen Healthy Relationships, Leadership and Life Skills Modules			
	✓ 25 S.P.A.R.K. Pre-Teen Mentoring Program, Core Curriculum Workbooks			
	✓ 50 Thought Chain Cards			
	✓ 2 S.P.A.R.K. Backpacks			
	✓ <i>The Lost Video Game</i> Story Book			
	✓ S.P.A.R.K. Beach Ball			
	✓ Lesson Aids: Sunglasses, Bags, Blindfolds, and Tea Lights			
	✓ S.P.A.R.K. Prize Pack			
PTPC351	25 S.P.A.R.K. Pre-Teen Mentoring Program, Core Curriculum Workbooks	70		
			Subtotal	
			Shipping and Handling (8% of Subtotal)	
			Total	



Send orders to:

913 S. Parsons Ave Suite C. Brandon, FL 33511,
Orders@thesparkinitiative.com Or 813-662-6920

Contact us for more information on any of our programs or implementation training at Info@thesparkinitiative.com

Order Form



S.P.A.R.K. Teen Mentoring Program Curriculum Package – for Ages 13-22

Billing Information:

Company Name _____
 Contact Name _____
 Address _____
 Phone () _____
 Email _____

Shipping Information:

Company Name _____
 Contact Name _____
 Address _____
 Phone () _____
 Email _____

Payment Method: Note: Orders received in writing must be accompanied by purchase order number, money order or check

Purchase Order Number: _____ OR Check or Money Order
 (Payable to The Spark Initiative, Inc.)

Item #	Description	Price	QTY	Subtotal
TSPC150	S.P.A.R.K. Teen Mentoring Program Curriculum Package (Orders of 25 + packages include an on-site or virtual implementation training. *Trainers travel expenses not included)	595		
	✓ 1-year license and membership to the S.P.A.R.K. Teen Mentoring Program Online Platform that includes: Downloadable Curriculum and Workbooks, Digital Resources for Lessons, Implementation Training Videos and Online Support			
	✓ S.P.A.R.K. Teen Mentoring Program - Core Curriculum, plus Relationships, Life Skills and Leadership Module			
	✓ 25 S.P.A.R.K. Teen Mentoring Program - Core Curriculum Workbooks			
	✓ 50 Thought Chain Cards			
	✓ Stress Light Bulbs			
	✓ S.P.A.R.K. Prize Pack, S.P.A.R.K. Backpack			
TSPC151	Sex Education and Teen Pregnancy Prevention Module Package	175		
TSPC153	Expectations and Social Pressures Module Package	175		
TSPC154	Teen Parenting Module Package	125		
TSPC152	25 S.P.A.R.K. Teen Mentoring Program - Core Curriculum Workbooks	75		
		Subtotal		
		Shipping and Handling (8% of Subtotal)		
			Total	



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