

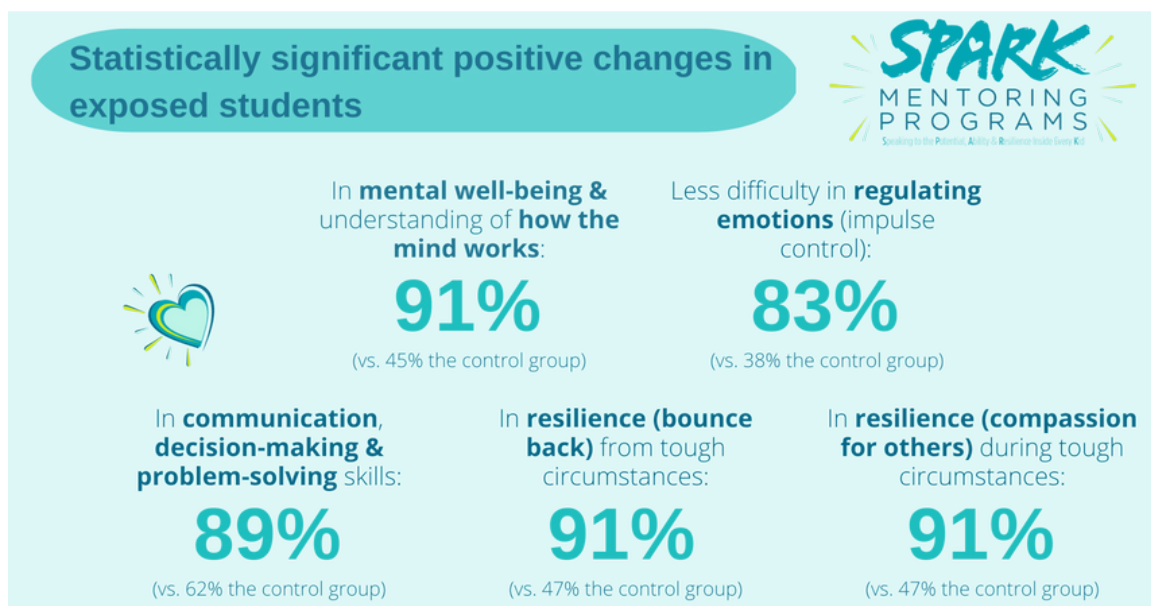


## SPARK MENTORING PROGRAMS PRODUCT GUIDE

The SPARK Mentoring Programs are proven to be effective in helping youth create greater academic success, a healthier state of mind, and a deeper connection with peers, adults, schools, and communities. Designed for children, pre-teens, and teens, each of the SPARK programs are age-appropriate and taught through a compilation of 10–22 highly interactive lessons that *Speak to the **Potential, Ability and Resilience** inside every Kid*. Through SPARK, participants gain a better understanding of themselves and others, develop vital social and emotional regulation skills, access their creative intelligence, and cultivate their personal potential.

### PROGRAM OBJECTIVES & RESULTS

The SPARK Mentoring curricula uses age-appropriate content and activities that have been proven to effectively reduce risk around high school drop-out, drug use, bullying, suicide, depression, and anxiety, while building resiliency around academic success, social-emotional skills, and healthy relationships. These programs prepare students for the self-sufficiency and resiliency needed to become successful young adults.



### CURRICULUM COMPONENTS

- 💡 Access to our Dynamic, Online Curriculum Platform;
- 💡 Easy-to-Use, Comprehensive, Facilitator's Guide – *designed with busy teachers in mind*;
- 💡 Participant Companion Activity Book – *for individual student use during curriculum instruction*;
- 💡 Instructional Companion Videos and Digital Resources;
- 💡 Standard Correlations;
- 💡 Built-In Evaluation Tools.





# YOUNG CHILD PRODUCT GUIDE

## SPARK Young Child Mentoring Program Product Description

Designed for students ages 5–8 years old, this is an interactive, age-appropriate curriculum that helps participants uncover their true potential and resilience, gain a better understanding of themselves and others, and develop vital social and emotional skills.

The complete *SPARK Young Child Mentoring Program* provides all the tools you need to cultivate these skills with little preparation!

### Curriculum Package Includes:

- 💡 SPARK Young Child Mentoring Curriculum, Core Curriculum  
Includes 10 unique, dynamic lessons
- 💡 Leadership Module  
Includes 1 additional lesson on community engagement
- 💡 25 SPARK Young Child Mentoring Program Activity Books
- 💡 25 Curious the Dragonfly Bookmarks
- 💡 SPARK Backpack
- 💡 SPARK Beach Ball
- 💡 *Does Curious Like the Park? – Storybook*
- 💡 *The Adventures of Curious the Dragonfly: Search for Good Feelings – Storybook*
- 💡 *The Adventures of Curious the Dragonfly: The Search for Friendship – Storybook*
- 💡 SPARK Prize Pack
- 💡 Built-In Evaluation Tools

### Plus:

1-year license membership to the SPARK Young Child Mentoring Program Online Platform includes:

- 💡 Immediate access to the complete Young Child Curriculum  
*Fully Digital Resource*
- 💡 SPARK Young Child Mentoring Program – Facilitator Handbook \*
- 💡 SPARK Young Child Mentoring Program – Activity Books \*
- 💡 Virtual Lessons & Digital Resources \*
- 💡 Pre-recorded Implementation Training Videos
- 💡 Parent Resources & Videos
- 💡 Facilitator Webinars
- 💡 Personalized Customer Support

\* Resource can be [digitally downloaded](#)

### YOUNG CHILD CORE CURRICULUM LESSON TOPICS:

1. Making Connections
2. Feeling All the Feels
3. My Feelings Come from Me, Yippee!
4. Your **SPARK** is a Treasure
5. Making Choices Perfect for You
6. Unlimited Creativity
7. Kindly Feeling Frustration
8. Seeing the Same Things Differently
9. Friendship and Connection
10. Graduation

### LEADERSHIP MODULE *Included:*

LM 1. Being a Good Neighbor





# CHILD PRODUCT GUIDE

## SPARK Child Mentoring Program Product Description

Designed for students ages 8–10 years old, this is an interactive, age-appropriate curriculum that helps participants uncover their true potential and resilience, gain a better understanding of themselves and others, and develop vital social and emotional skills.

The complete *SPARK Child Mentoring Program* provides all the tools you need to cultivate these skills with little preparation!

### Curriculum Package Includes:

- 💡 SPARK Child Mentoring Curriculum, Core Curriculum  
Includes 11 unique, dynamic lessons
- 💡 Leadership Module  
Includes 2 additional lessons on community engagement and bullying
- 💡 25 SPARK Child Mentoring Program Activity Books
- 💡 25 Curious the Dragonfly Bookmarks
- 💡 25 Curious the Dragonfly Thought Chain Cards
- 💡 SPARK Backpack
- 💡 SPARK Beach Ball
- 💡 SPARK Prize Pack
- 💡 Built-In Evaluation Tools

### Plus:

1-year license membership to the SPARK Child Mentoring Program Online Platform includes:

- 💡 Immediate access to the complete Child Curriculum  
*Fully Digital Resource*
- 💡 SPARK Child Mentoring Program – Facilitator Handbook \*
- 💡 SPARK Child Mentoring Program – Activity Books \*
- 💡 Virtual Lessons & Digital Resources \*
- 💡 Pre-recorded Implementation Training Videos
- 💡 Parent Resources & Videos
- 💡 Facilitator Webinars
- 💡 Personalized Customer Support

\* Resource can be [digitally downloaded](#)

#### CHILD CORE CURRICULUM LESSON TOPICS:

1. Connecting Our Goals
2. A Curious Experience
3. Understanding Your Feelings
4. Discovering Your **SPARK**
5. Decision Making, A Chain Reaction
6. Your Creative Potential
7. Uncovering Your Confidence
8. Navigating Your Frustration and Stress
9. What You See Is Different Than Me
10. Unmasking Your Potential
11. Graduation

#### LEADERSHIP MODULE *Included:*

- LM 1. Giving Back to Your Community
- LM 2. **SPARK**ing Ideas Against Bullying












# PRE-TEEN PRODUCT GUIDE

## SPARK Pre-Teen Mentoring Program Product Description

Designed for students ages 10–13 years old, this is an interactive, age-appropriate curriculum that helps participants uncover their true potential and resilience, gain a better understanding of themselves and others, and develop vital social and emotional skills.






The complete *SPARK Pre-Teen Mentoring Program* provides all the tools you need to cultivate these skills with little preparation!

### Curriculum Package Includes:

-  **SPARK Pre-Teen Mentoring Curriculum, Core Curriculum**  
Includes 12 unique, dynamic lessons
-  **3 Supplemental Modules – Leadership, Relationship, Life Skills**  
Includes 5 optional lessons
-  **25 SPARK Pre-Teen Mentoring Program Activity Books**
-  **Thought Chain Magnet Set**
-  **2 SPARK Backpacks**
-  **SPARK Beach Ball**
-  **Curriculum Activity Aids – Sunglasses, Tea Lights, Game Cards & Pieces, and more**
-  **SPARK Prize Pack**
-  **Built-In Evaluation Tools**

### Plus:

1-year license membership to the SPARK Pre-Teen Mentoring Program Online Platform includes:

-  **Immediate access to the complete Pre-Teen Curriculum**  
*Fully Digital Resource*
-  **SPARK Pre-Teen Mentoring Program – Facilitator Handbook \***
-  **SPARK Pre-Teen Mentoring Program – Activity Books \***
-  **Virtual Lessons & Digital Resources \***
-  **Pre-recorded Implementation Training Videos**
-  **Parent Resources & Videos**
-  **Facilitator Webinars**
-  **Personalized Customer Support**

\* Resource can be [digitally downloaded](#)

#### PRE-TEEN CORE CURRICULUM LESSON TOPICS:

1. Connections and Goals
2. Your Experience, Unlocked
3. Decision Making, The Thought Highway
4. Kaleidoscope of Feelings
5. Understanding Your **SPARK**
6. Growing Your Creativity and Potential
7. Self-Confidence
8. Dealing With Stress and Anxiety
9. Communication and Reactions
10. Appreciating the Diversity Among Us
11. The Future Is Yours
12. Graduation

#### LEADERSHIP MODULE *Included:*

- LM 1. Understanding Your Community
- LM 2. Using Your **SPARK** to be a Good Role Model
- LM 3. Bullying, Inside-Out

#### RELATIONSHIPS MODULE *Included:*

- RM 1. Navigating Relationships

#### LIFE SKILLS MODULE *Included:*

- LSM 1. Academic Stress to Academic Success











# TEEN PRODUCT GUIDE

## SPARK Teen Mentoring Program Product Description

Designed for students ages 13–22 years old, this is an interactive, age-appropriate curriculum that helps participants uncover their true potential and resilience, gain a better understanding of themselves and others, and develop vital social and emotional skills.

The complete *SPARK Teen Mentoring Program* provides all the tools you need to cultivate these skills with little preparation!

### Curriculum Package Includes:

-  **SPARK Teen Mentoring Curriculum, Core Curriculum**  
Includes 13 unique, dynamic lessons
-  **3 Supplemental Modules – Leadership, Relationship, Life Skills**  
Includes 9 optional lessons
-  **25 SPARK Teen Mentoring Program Workbooks**
-  **Thought Chain Magnet Set**
-  **SPARK Backpack**
-  **Curriculum Activity Aids – Posters, Balloons, Game Cards & Pieces, and more**
-  **SPARK Prize Pack**
-  **Built-In Evaluation Tools**

### Plus:

1-year license membership to the SPARK Teen Mentoring Program Online Platform includes:

-  **Immediate access to the complete Teen Curriculum**  
*Fully Digital Resource*
-  **SPARK Teen Mentoring Program – Facilitator Handbook \***
-  **SPARK Teen Mentoring Program – Workbooks \***
-  **Virtual Lessons & Digital Resources \***
-  **Pre-recorded Implementation Training Videos**
-  **Parent Resources & Videos**
-  **Facilitator Webinars**
-  **Personalized Customer Support**

\* Resource can be [digitally downloaded](#)

### TEEN CORE CURRICULUM LESSON TOPICS:

1. Overview & Introduction
2. You Experiencing you!
3. Yep! That's Thought Too
4. Your Personal Guide to Making Decisions
5. Habits Pulling You Around
6. How State of Mind Influences Judgment & Reasoning
7. Surviving Mood Swings
8. Finding the **SPARK** in Your Stress
9. Feeling Fear & Insecurity Without Fear & Insecurity
10. **SPARK**ing Natural Confidence & Self-Esteem
11. Separate Realities
12. Discovering You
13. Graduation

### LEADERSHIP MODULE *Included:*

- LM 1. Community Engagement
- LM 2. Mentoring & Leading from Your **SPARK**
- LM 3. Seeing the **SPARK** Beyond Bullying

### RELATIONSHIPS MODULE *Included:*

- RM 1. Cultivating Meaningful Relationships
- RM 2. Dating & Healthy Relationships
- RM 3. Your Values, Your Relationships, Your Decisions

### LIFE SKILLS MODULE *Included:*

- LSM 1. Academic Success
- LSM 2. College & Career Readiness
- LSM 3. Financial Stability



## MODULES PRODUCT GUIDE

### Topic-Specific Modules Product Description

Guided by National Standards, each module includes 1-6 age-appropriate, topic-specific lessons designed to supplement the core curriculum based on the specific needs of the participants. Lesson topics vary by age group. Select modules come included in the Core Curriculum.

*Additional modules are sold separately.*

#### Available Modules

Included in one or more of the core curricula:

##### HEALTHY RELATIONSHIPS

- Peers & Friendships
- Parents, Teachers, & Other Adults Boundaries
- Domestic Violence Prevention
- Dating & Healthy Relationships

##### LEADERSHIP

- Mentoring
- Being a Good Role Model
- Community Involvement
- Bully Prevention

##### LIFE SKILLS

- Academic Success
- College & Career Readiness
- Financial Literacy

Sold Separately:

##### EXPECTATIONS & SOCIAL PRESSURES

- Understanding Your Own Expectations
- Understanding Others' Expectations
- Seeing Opportunities
- Uncovering Possibilities

##### SOCIAL PRESSURES

- Navigating Pressure
- Fitting-In & Standing-Out
- Social Media
- Body Image

##### SEX EDUCATION & TEEN PREGNANCY PREVENTION

- Love & Security
- Anatomy & Conception
- Tough Conversations
- Your Knowledge, Your Control
- Protecting Yourself & Others
- Condoms & Birth Control

##### TEEN PARENTING

- Adjusting to Parenthood
- Love & Understanding
- Parenting from the Heart

Coming Soon:

##### SUICIDE PREVENTION

- Navigating Through Low Moods
- Don't Believe Every Thought
- Helping Loved Ones

