

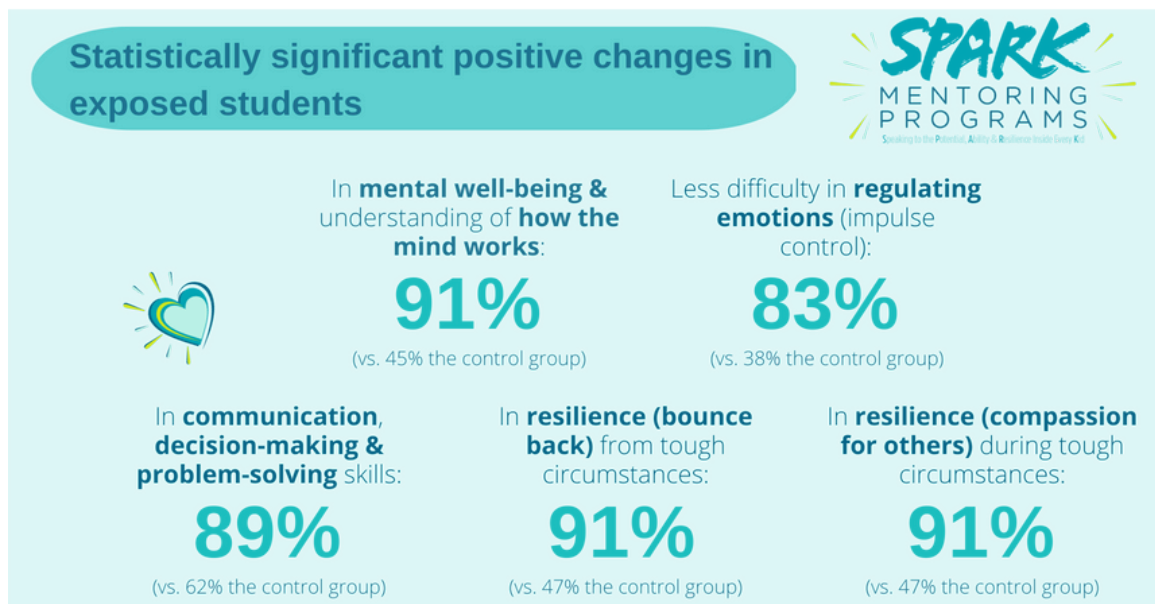


SPARK MENTORING PROGRAMS PRODUCT GUIDE







The SPARK Mentoring Programs are proven to be effective in helping youth create greater academic success, a healthier state of mind, and a deeper connection with peers, adults, schools, and communities. Designed for children, pre-teens, and teens, each of the SPARK programs are age-appropriate and taught through a compilation of 10–22 highly interactive lessons that *Speak to the **Potential, Ability and Resilience** inside every Kid*. Through SPARK, participants gain a better understanding of themselves and others, develop vital social and emotional regulation skills, access their creative intelligence, and cultivate their personal potential.

PROGRAM OBJECTIVES & RESULTS

The SPARK Mentoring curricula uses age-appropriate content and activities that have been proven to effectively reduce risk around high school drop-out, drug use, bullying, suicide, depression, and anxiety, while building resiliency around academic success, social-emotional skills, and healthy relationships. These programs prepare students for the self-sufficiency and resiliency needed to become successful young adults.



CURRICULUM COMPONENTS

-  Access to our Dynamic, Online Curriculum Platform;
-  Easy-to-Use, Comprehensive, Facilitator's Guide – *designed with busy teachers in mind*;
-  Participant Companion Activity Book – *for individual student use during curriculum instruction*;
-  Instructional Companion Videos and Digital Resources;
-  Standard Correlations;
-  Built-In Evaluation Tools.



YOUNG CHILD PRODUCT GUIDE

SPARK Young Child Mentoring Program Product Description

Designed for students ages 5–8 years old, this is an interactive, age-appropriate curriculum that helps participants uncover their true potential and resilience, gain a better understanding of themselves and others, and develop vital social and emotional skills.

The complete *SPARK Young Child Mentoring Program* provides all the tools you need to cultivate these skills with little preparation!

Curriculum Package Includes:

- 💡 SPARK Young Child Mentoring Curriculum, Core Curriculum
Includes 10 unique, dynamic lessons
- 💡 Leadership Module
Includes 1 additional lesson on community engagement
- 💡 25 SPARK Young Child Mentoring Program Activity Books
- 💡 25 Curious the Dragonfly Bookmarks
- 💡 SPARK Backpack & Beach ball
- 💡 SPARK Posters, Thought Chain Magnet Set & additional Curriculum aids
- 💡 *Does Curious Like the Park?* – Storybook
- 💡 *The Adventures of Curious the Dragonfly: Search for Good Feelings* – Storybook
- 💡 *The Adventures of Curious the Dragonfly: The Search for Friendship* – Storybook
- 💡 SPARK Prize Pack
- 💡 Built-In Evaluation Tools

Plus:

1-year license membership to the SPARK Young Child Mentoring Program Online Platform includes:

- 💡 Immediate access to the complete Young Child Curriculum
Fully Digital Resource
- 💡 SPARK Young Child Mentoring Program – Facilitator Handbook *
- 💡 SPARK Young Child Mentoring Program – Activity Books *
- 💡 Virtual Lessons & Digital Resources *
- 💡 Pre-recorded Implementation Training Videos
- 💡 Parent Resources & Videos
- 💡 Facilitator Webinars
- 💡 Personalized Customer Support

* Resource can be [digitally downloaded](#)

YOUNG CHILD CORE CURRICULUM LESSON TOPICS:

1. Making Connections
2. Feeling All the Feels
3. My Feelings Come from Me, Yippee!
4. Your **SPARK** is a Treasure
5. Making Choices Perfect for You
6. Unlimited Creativity
7. Kindly Feeling Frustration
8. Seeing the Same Things Differently
9. Friendship and Connection
10. Graduation

LEADERSHIP MODULE Included:

LM 1. Being a Good Neighbor





CHILD PRODUCT GUIDE

SPARK Child Mentoring Program Product Description

Designed for students ages 8–10 years old, this is an interactive, age-appropriate curriculum that helps participants uncover their true potential and resilience, gain a better understanding of themselves and others, and develop vital social and emotional skills.

The complete *SPARK Child Mentoring Program* provides all the tools you need to cultivate these skills with little preparation!

Curriculum Package Includes:

- 💡 SPARK Child Mentoring Curriculum, Core Curriculum
Includes 11 unique, dynamic lessons
- 💡 Leadership Module
Includes 2 additional lessons on community engagement and bullying
- 💡 25 SPARK Child Mentoring Program Activity Books
- 💡 25 Curious the Dragonfly Bookmarks
- 💡 SPARK Posters & Curriculum Aids
- 💡 SPARK Backpack & Beach ball
- 💡 Thought Chain Magnet Set
- 💡 SPARK Prize Pack
- 💡 Built-In Evaluation Tools

Plus:

1-year license membership to the SPARK Child Mentoring Program Online Platform includes:

- 💡 Immediate access to the complete Child Curriculum
Fully Digital Resource
- 💡 SPARK Child Mentoring Program – Facilitator Handbook *
- 💡 SPARK Child Mentoring Program – Activity Books *
- 💡 Virtual Lessons & Digital Resources *
- 💡 Pre-recorded Implementation Training Videos
- 💡 Parent Resources & Videos
- 💡 Facilitator Webinars
- 💡 Personalized Customer Support

* Resource can be [digitally downloaded](#)

CHILD CORE CURRICULUM LESSON TOPICS:

1. Connecting Our Goals
2. A Curious Experience
3. Understanding Your Feelings
4. Discovering Your **SPARK**
5. Decision Making, A Chain Reaction
6. Your Creative Potential
7. Uncovering Your Confidence
8. Navigating Your Frustration and Stress
9. What You See Is Different Than Me
10. Unmasking Your Potential
11. Graduation

LEADERSHIP MODULE *Included:*

- LM 1. Giving Back to Your Community
- LM 2. **SPARK**ing Ideas Against Bullying





PRE-TEEN PRODUCT GUIDE

SPARK Pre-Teen Mentoring Program Product Description

Designed for students ages 10–13 years old, this is an interactive, age-appropriate curriculum that helps participants uncover their true potential and resilience, gain a better understanding of themselves and others, and develop vital social and emotional skills.

The complete *SPARK Pre-Teen Mentoring Program* provides all the tools you need to cultivate these skills with little preparation!

Curriculum Package Includes:

- SPARK Pre-Teen Mentoring Curriculum, Core Curriculum
Includes 12 unique, dynamic lessons
- 3 Supplemental Modules – Leadership, Relationship, Life Skills
Includes 5 optional lessons
- 25 SPARK Pre-Teen Mentoring Program Activity Books
- Thought Chain Magnet Set
- 2 SPARK Backpacks
- SPARK Beach Ball
- Curriculum Activity Aids – Sunglasses, Tea Lights, Game Cards & Pieces, and more
- SPARK Prize Pack
- Built-In Evaluation Tools

Plus:

1-year license membership to the SPARK Pre-Teen Mentoring Program Online Platform includes:

- Immediate access to the complete Pre-Teen Curriculum
Fully Digital Resource
- SPARK Pre-Teen Mentoring Program – Facilitator Handbook *
- SPARK Pre-Teen Mentoring Program – Activity Books *
- Virtual Lessons & Digital Resources *
- Pre-recorded Implementation Training Videos
- Parent Resources & Videos
- Facilitator Webinars
- Personalized Customer Support

* Resource can be [digitally downloaded](#)

PRE-TEEN CORE CURRICULUM LESSON TOPICS:

1. Connections and Goals
2. Your Experience, Unlocked
3. Decision Making, The Thought Highway
4. Kaleidoscope of Feelings
5. Understanding Your **SPARK**
6. Growing Your Creativity and Potential
7. Self-Confidence
8. Dealing With Stress and Anxiety
9. Communication and Reactions
10. Appreciating the Differences Among Us
11. The Future Is Yours
12. Graduation

LEADERSHIP MODULE *Included:*

- LM 1. Understanding Your Community
- LM 2. Using Your **SPARK** to be a Good Role Model
- LM 3. Bullying, Inside-Out

RELATIONSHIPS MODULE *Included:*

- RM 1. Navigating Relationships

LIFE SKILLS MODULE *Included:*

- LSM 1. Academic Stress to Academic Success



TEEN PRODUCT GUIDE

SPARK Teen Mentoring Program Product Description

Designed for students ages 13–22 years old, this is an interactive, age-appropriate curriculum that helps participants uncover their true potential and resilience, gain a better understanding of themselves and others, and develop vital social and emotional skills.

The complete *SPARK Teen Mentoring Program* provides all the tools you need to cultivate these skills with little preparation!

Curriculum Package Includes:

- SPARK Teen Mentoring Curriculum, Core Curriculum
Includes 13 unique, dynamic lessons
- 3 Supplemental Modules – Leadership, Relationship, Life Skills
Includes 9 optional lessons
- 25 SPARK Teen Mentoring Program Workbooks
- Thought Chain Magnet Set
- SPARK Backpack
- Curriculum Activity Aids – Posters, Balloons, Game Cards & Pieces, and more
- SPARK Prize Pack
- Built-In Evaluation Tools

Plus:

1-year license membership to the SPARK Teen Mentoring Program Online Platform includes:

- Immediate access to the complete Teen Curriculum
Fully Digital Resource
- SPARK Teen Mentoring Program – Facilitator Handbook *
- SPARK Teen Mentoring Program – Workbooks *
- Virtual Lessons & Digital Resources *
- Pre-recorded Implementation Training Videos
- Parent Resources & Videos
- Facilitator Webinars
- Personalized Customer Support

* Resource can be [digitally downloaded](#)

TEEN CORE CURRICULUM LESSON TOPICS:

1. Overview & Introduction
2. You Experiencing you!
3. Yep! That’s Thought Too
4. Your Personal Guide to Making Decisions
5. Habits Pulling You Around
6. How State of Mind Influences Judgment & Reasoning
7. Surviving Mood Swings
8. Finding the **SPARK** in Your Stress
9. Feeling Fear & Insecurity Without Fear & Insecurity
10. **SPARK**ing Natural Confidence & Self-Esteem
11. Separate Realities
12. Discovering You
13. Graduation

LEADERSHIP MODULE Included:

- LM 1. Community Engagement
- LM 2. Mentoring & Leading from Your **SPARK**
- LM 3. Seeing the **SPARK** Beyond Bullying

RELATIONSHIPS MODULE Included:

- RM 1. Cultivating Meaningful Relationships
- RM 2. Dating & Healthy Relationships
- RM 3. Your Values, Your Relationships, Your Decisions

LIFE SKILLS MODULE Included:

- LSM 1. Academic Success
- LSM 2. College & Career Readiness
- LSM 3. Financial Stability



MODULES PRODUCT GUIDE

Topic-Specific Modules Product Description

Guided by National Standards, each module includes 1-6 age-appropriate, topic-specific lessons designed to supplement the core curriculum based on the specific needs of the participants. Lesson topics vary by age group. Select modules come included in the Core Curriculum.

Additional modules are sold separately.

Available Modules

Included in one or more of the core curricula:

HEALTHY RELATIONSHIPS

- Peers & Friendships
- Parents, Teachers, & Other Adults Boundaries
- Domestic Violence Prevention
- Dating & Healthy Relationships

LEADERSHIP

- Mentoring
- Being a Good Role Model
- Community Involvement
- Bully Prevention

LIFE SKILLS

- Academic Success
- College & Career Readiness
- Financial Literacy

Sold Separately:

EXPECTATIONS & SOCIAL PRESSURES

- Understanding Your Own Expectations
- Understanding Others' Expectations
- Seeing Opportunities
- Uncovering Possibilities

SOCIAL PRESSURES

- Navigating Pressure
- Fitting-In & Standing-Out
- Social Media
- Body Image

SEX EDUCATION & TEEN PREGNANCY PREVENTION

- Love & Security
- Anatomy & Conception
- Tough Conversations
- Your Knowledge, Your Control
- Protecting Yourself & Others
- Condoms & Birth Control

TEEN PARENTING

- Adjusting to Parenthood
- Love & Understanding
- Parenting from the Heart

Coming Soon:

SUICIDE PREVENTION

- Navigating Through Low Moods
- Don't Believe Every Thought
- Helping Loved Ones

